

Healblend Juice Therapy

Less Caffeine Shots

Remove your caffeine desires with these 3 delicious shots and detox your body.



Shot #1

- ½ cup pineapple
- 3cm ginger
- 1 tsp turmeric



Shot #2

- 1 orange
- 1 garlic clove
- 3cm ginger



Shot #3

- 1 manzana
- 3cm ginger
- 1 tsp spirulina

Use a Juicer to mix these ingredients. Blender will not work, since we are not using water. Do not add water.

Thank you for downloading and visiting our site.